

### ABC's Core Attributes

Value  
Quality  
Safety  
Training  
Experience



**Pat Hurst  
2009 ABC SEPA  
Construction Woman  
of the Year**

## ABC Construction Woman of the Year

ABC SEPA began an awards program this year to recognize the exceptional accomplishments of women who are making a positive impact on the construction community. The program is designed to honor women who serve as role models, mentors and advocates for opportunities for others in the construction industry, especially in efforts to broaden opportunities for women.

This is our first year recognizing an outstanding woman and we have a more than deserving winner. Working in an industry dominated by men, Patricia Hurst of Worth & Company has broken through the glass

ceiling with an unbridled determination that has earned the respect of her peers both in out of the ABC community. Pat worked her way up as a bookkeeper to her current position as Vice President of Finance for Worth & Company. With Pat's financial guidance, Worth has experienced unprecedented growth from a small mechanical contractor to a powerhouse with almost 500 employees. Worth is also consistently named as one of Pennsylvania's Best Places to Work, and Pat has consistently supported training at all levels of the company, from craft level to the CEO. Pat has also been a leader at ABC. She served six years as a Board

Member and Treasurer, and has participated on a number of committees. She has also made an uncommon commitment to attending ABC events.

Additionally, Pat is highly committed to her community. She is a regular contributor to the Fox Chase Cancer Center and Immaculata College. She has assisted Worth in numerous community outreach programs, from the James Michener Museum to the Relay for Life, as well as assisted in bringing much needed plumbing work to Mississippi in the aftermath of Hurricane Katrina.

We are proud to acknowledge Patricia Hurst as the ABC, Southeast Pennsylvania Chapter's first Construction Woman of the Year.

Want to learn more?  
[www.abcsepa.org](http://www.abcsepa.org)

Southeast Pennsylvania  
Chapter  
Associated Builders and  
Contractors, Inc.  
430 W. Germantown Pk.  
East Norriton, PA 19403  
Phone: 610-279-6666  
Fax: 610-279-7052  
[www.abcsepa.org](http://www.abcsepa.org)

## Does My Vote Really Make a Difference?

Have you ever asked yourself "Why should I take time out of my busy schedule to cast a vote if it won't really make a difference on the outcome?" The fact is, it does make a difference and it is one of the most important rights you have as an American citizen.

By voting, you are holding your elected officials responsible for the decisions they make. Those decisions directly impact your everyday lives, whether the issue is healthcare, taxes or the right to a secret ballot election in the workplace. By voting for officials that have similar beliefs, there is more chance that laws will be created that will more positively impact your life.

If you are not clear where politicians stand on certain issues, the Internet provides a wealth of information to quickly get you up to speed and enable you to identify the candidates that are most in line with the issues that are important to you. USElections.com ([www.uselections.com/pa/pa.htm](http://www.uselections.com/pa/pa.htm)) is one of the many websites that answer your important questions, like "how do I register to vote", "where do I get an absentee ballot", "who are the candidates and where do they stand on certain issues?"

The decisions being made by our government today are going to significantly impact each and every one of us, as well as our children and grandchildren. Make sure you go out and vote on November 3 and make your voice heard!

## Congrats 2009 Graduates

Each year, ABC SEPA recognizes the graduates from our Apprenticeship & Craft Training School. This year is no different. With 48 graduates this year, we could not be more proud. Our graduates come from all levels of experience. They all graduate with one common thread – confidence and experience gained from the great instructors who lead them through the past three to four years. At this time we would like to congratulate all of our graduates for 2009.



### Carpentry

Richard Cassidy, Klover Contracting, Inc.  
John Fitzpatrick, Adams-Bickel Associates, Inc.  
Cory Gamboa, Benner & White Construction, Inc.  
Eric Meade, Adams-Bickel Associates, Inc.  
Bryan Morgan, Adams-Bickel Associates, Inc.  
Joshua Price, Berks Ridge Company Enterprises, Inc.

### Electrical:

Matthew Capaldi, Wescott

Electric Co.  
Matt Chmilowski, Wescott Electric Co.  
Michael Ciocca, Universal Electrical Service, Inc.  
Sean Connelly, MGK Industries, Inc.  
Jason Gardner, Universal Electrical Service, Inc.  
Nick Giampietro, The Tri-M Group, LLC  
Chris Gill, John W. Kay Electrical Contractor, Inc.  
Aaron Kennedy, A.N. Lynch Co., Inc.  
Michael Kreml, Donald Miller & Co., Inc.  
John Lambert III, Universal Electrical Service, Inc.  
Matt Lesky, Wescott Electric Co.  
Frank Quigley, Frank Quigley General Contracting  
Derek Schwager, A.N. Lynch Co., Inc.  
Nicholas Yeager, Automated Installations, Inc.

### Plumbing:

Derreck Alcott, Worth & Company, Inc.  
Joshua Ardeleon, Worth & Company, Inc.  
Fabio Caruso, Worth & Company, Inc.  
Joe Conville, Worth & Company, Inc.  
Bradley N. Corrie, Worth & Company, Inc.  
Justin T. Ellis, Worth & Company, Inc.  
Justin T. Emery, Worth & Company, Inc.

Richard J. Houser, Worth & Company, Inc.  
Jeffery Moore, Worth & Company, Inc.  
Mark Rubalski, Worth & Company, Inc.  
Thomas W. Sexton, Worth & Company, Inc.  
William Seier Jr., Worth & Company, Inc.  
Nicholas Woods, Worth & Company, Inc.  
Robert J. Worth, Worth & Company, Inc.

### Masonry:

Robert Buoni, Building Systems, Inc.  
Steve Goodman, Thompson Masonry Contracting Co.  
Colt Lutz, Thompson Masonry Contracting Co.  
Miguel Paules, Corrado & Sons, Inc.  
Nathan Schweitzer, Nester Brothers, Inc.  
Mike Vogel, Nester Brothers, Inc.  
John Warner, Building Systems, Inc.

### Sheet Metal

Edward Anglemyer, Worth & Company, Inc.  
Jayme Boyd, Worth & Company, Inc.  
Ronald Burger, Worth & Company, Inc.  
Dustin Moss, Worth & Company, Inc.  
Tim Oesterling, Worth & Company, Inc.  
Kurt Thomas, B & E Energy Group

To see pictures from graduation, visit:

[http://community.webshots.com/user/Southeast\\_PA\\_ABC](http://community.webshots.com/user/Southeast_PA_ABC)

## Change Your Clocks; Change Your Batteries!

Fire Prevention Week was established in 1922 by President Wilson to commemorate the Great Chicago Fire of 1871. More than 250 people were killed in the 2-day blaze, which destroyed more than 17,400 buildings and burned more than 2,000 acres.

Students across the nation celebrated National Fire Prevention Week from October 4-10. This year's theme, "Stay Fire Smart! Don't Get Burned," focused on burn awareness and prevention, as well as keeping homes safe from the leading causes of home fires. Here are some tips to follow to prevent burns:

- Keep hot foods and liquids away from tables and counter edges so they cannot be pulled or knocked over.
- Have a three-foot "kid-free" zone around the stove and never hold a child in your arms while preparing hot food or beverages. Teach children that hot things hurt.
- Only use heating pads for 15-20 minutes at a time and do not lie, sit or place anything on the pad.
- To avoid scalds, set the water heater thermostat no higher than 120 degrees and consider having "anti-scald" devices on tub faucets and shower heads.
- Treat a burn right away with cool water for three to five minutes. Cover with a clean, dry cloth and remove all clothing, jewelry and metal from the burned areas.

With Daylight Savings ending on November 1, 2009, make sure you keep your family safe. When you **change your clocks; change your batteries** in your smoke and carbon monoxide detectors!

*The Best Value for Your Construction Dollar*